Preventing Suicide in Calderdale

Suicide Prevention Plan

2017-2020

Progress Report April 2019

Aim	Objective	Actions	Who for	By Whom	Named Individual	Timescales	Progress	Completed

		Have a functioning multi-agency strategic group to oversee delivery of the prevention plan	All people in Calderdale	Calderdale Suicide Prevention Group	Caron Walker	Sep-16	Sep 2017: Speaker from If U Care Share Foundation spoke at August meeting Jan 2018: Invited speaker from Highways Agency to March meeting	
	Partner engagement in the suicide prevention	All partners to advocate on behalf of suicide prevention and develop activity in their organisation's work plans	All people in Calderdale	All partners	Corinne McDonald, CCG	On-going	Nov 2017: Insight Healthcare suicide prevention workshop held Mar 2019: Range of partners reported on activity (see minutes of meeting 11.3.19)	
A Calderdale w	agenda	Internal training for Fire Service staff - to link with the new Safe & Well strategy.	Fire Service staff both Operational & in Prevention.	Internal training	Karina Gonzalez	2018/19	Dec 2017: This will be delivered after current training modules and as a separate item witihn our working practises. Dec 2018: SafeTalk training delivered to FRS across West Yorkshire	
de appro		Identify funding and commissioning opportunities for suicide prevention initiatives	All people in Calderdale	All partners	Corinne McDonald, CCG	On-going		
Calderdale wide approach to suicide prevention	High quality mental health services include suicide prevention approaches	Work with partners to ensure Calderdale has accessible high-quality mental health services as a crucial part of reducing the suicide risk in people of all ages with mental health issues	All people in Calderdale	Calderdale Suicide Prevention Group	Corinne McDonald, CCG	On-going	Sep 2017: Presented Calderdale Suicide Prevention Plan to Mental Health Innovation Hub June 2018: Funding / how to engage the people who are most hard to reach problems	
preventio	Robust accountability and governance	Report into the Health and Wellbeing Board around progress, initiatives and gain their on-going support	All people in Calderdale	Calderdale Suicide Prevention Group		On-going	Sep 2017: Calderdale Suicide Prevention Plan agreed at Full Council	
5	Good practice shared by collaborative working	Link with regional and national support networks, e.g. Yorkshire and the Humber Mental Health and Suicide Prevention Community of Improvement; regional Suicide Prevention Advisory Network	All people in Calderdale	Calderdale Public Health	Caron Walker	On-going	Sep 2017: CW attended Suicide Bereavement UK Conference. Oct 2017: Circulated link to first national suicide survey to partners and across CMBC Apr 2019: Regular attendance at the Yorkshire and the Humber Mental Health and Suicide Prevention Community of Improvement (CW chairs) and regional Suicide Prevention Advisory Network	
		Raise awareness of high risk groups with GPs	All adults	Calderdale CCG/public health	Corinne McDonald, CCG	Sep-18	Nov 2017: Discussion with clinical lead about how this can best be done	
		Increase capacity to support early intervention initiatives	All adults	All	Corinne McDonald, CCG	Ongoing – to March 2020	Nov 2017: Public Mental Health post advertised by CMBC. Dec 2017: Person appointed. Mar 2018: Person appointed by CMBC to work across mental health prevention, including suicide prevention	
	Long term early intervention to reduce suicides	Coordinate delivery of the actions in the Emotional Health & Wellbeing (EHWB) Local transformation Plan to improve mental health services and support for children and young people (CYP)	Children and Young People	EHWB Taskforce		Ongoing – to March 2020	Nov 2017: EHWB Taskforce meets bi monthly. Quarterly monitoring updates provided to NHS England, the Taskforce and other partners. Yearly refresh of the plan. Range of projects being implemented around the Future in Mind key themes. June 2018: Barnardos involved in safguarding week a children vulnerable syposium on a focus on mnetal health Dec 2018: Family guide created and 1500 distributed.	
		Go into schools and youth clubs, including LGBT youth groups via Barnardos	Young people	CYP, Calderdale Council and partners		On-going	Sept 2018: Barnados established a LGBTQ Partnership network Mar 2019: LGBTQI+ mental health needs assessment completed.	

	Encourage all partners to put in place training for their frontline staff around mental health awareness	Frontline staff	All partners		Mar-18	Oct 2017: Discussed with Charlie Waller Trust about provding training for workplaces around mental health and suicide prevention. Nov 2017: This is a standard part of the induction for new staff at Insight Healthcare. Nov 2017: Commissioners are working with North Point Wellbeing and Healthy Minds to promote a package of training for school staff and students North Point Wellbeing are liaising with CSCB to continue to roll out a training package for all practitioners June 2018: LTP have a training offer to school students and staff Calderdale safeguaring have free triaining on offer across range of MH issues MECC could be ideal opportunity Sept 2018: Charlie Waller Trust training completed Feb, March 2019: 2 Adult mental Health First Aid courses booked and promoted to voluntary organisations and School Staff	
Ensure all public sector staff have an awareness of mental health and suicide issues	Audit the level of mental health awareness in organisations and match against competency frameworks Undertake a workforce audit in CYP services	All public and voluntary sector organisations	Calderdale Suicide Prevention Group		On-going Mar-19	Feb 2019: Mental health training needs assessment planned for council employee staff. Nov 2017: Identifying funding opportunities to progress this piece	
	including schools to identify gaps in training and address these	Children and Young People	Local Transformation Plan Officer, Calderdale Council and partners			of work.	
	Develop training on the needs of LGBT people and their risk of suicide	organisations	Calderdale Suicide Prevention Group		On-going	Nov 2017: All Brunswick Centre staff mental health first aid trained and their needs assessment for people with HIV includes self-harm. Dec 2017: A toolkit has been developed by the 'Pride in prison and Probation' National Probation Service (NPS) staff group for prison and probation staff working with transgender offenders. This toolkit is to be used alongside the policy 'the Care and Management of Transgender Offenders'. June 2018: Public Health undertaking a adult LGBTQ+ mental health needs assessment. Dec 2018: Public Health completed LGBTQ+ mental health needs data collection. Jan 2019: Barnardos to start survey around CYP and LGBTQ access to primary care	
Reduce suicides in men of all ages	Raise awareness of suicide with staff in gyms, clubs and places where men meet	All men	All partners		On-going		
	Provide safe spaces for men to talk	All men	Andy's Man Club	Luke Ambler	On-going	Dec 2017: Andy's Man Club (AMC) campaigns and run groups - all organised by 3 volunteers. In Halifax has 42 men attending with about 600 people using the group over the last 18 months. In Hebden Bridge now averaging 15 men a week. Now have 13 clubs across Scotland and England and a further 112 wanting to start groups. Currently rolling out groups across prisons. Nov 2018: AMC achieved charitable status and moved into new head offices	
Reduce suicides in women	Establish peer support for women, e.g. like Andy's Man Club and work with the Women's Centre and Healthy Minds to develop a group	All women	Andy's Man Club/ Women's Centre/ Healthy Minds		Aug-17	June 2018: Peer mentors working with wyfi benefactos sharing lived experience. Oct 2018: Peer led group in Mytholmroyd for people touched by suicide who want to talk	

Reduce suicides in people facing poverty and benefit sanctions	Provide support to people facing benefit sanctions, including signposting to CAB	All adults	CAB and all partners		On-going	 Dec 2017: NPS staff are signposting cases to CAB and foodbanks, we also give out small foodparcels to service users facing financial hardship. Jan 2018: Samaritans and Healthy Minds leafleted Halifax Bus Station on Blue Monday; social media used by Calderdale Council and PH to publicise this. CCG had information about Blue Monday and support/help available for people on its website prior to, during and after Blue Monday. Jan 2018: CCG provides information for every issue of the Council's Flood Newsletter on emotional support available for people affected by flooding. June 2018: anti poverty action plan DWP involvement because new sanctions leave people in desperate situations; CAB finding more people unable to cope with benefit changes Dec 2018: Brunswick centre to help people diagnosed with HIV back to work. 	
Reduce suicides in LGBT people and raise awareness of suicide in this group	Work directly with groups supporting LGBT communities to raise awareness around risk factors and suicide	LGBT community	All partners		On-going	Oct 2017: CMBC been discussing with local partners around undertaking a mental health needs assessment of LGBT communities. Dec 2017: PH intern spoken to Barnardos and Council LGBT group about needs assessment. June 2018: HIP specialist completing MHNA call for further information to be sent to this group Dec 2018: LGBTQ+ mental health needs assessment data collection completed	
	Ensure local funders understand the need to continue support for LGBT groups	LGBT community	CMBC/Calderdale CCG	Corinne McDonald, CCG	On-going		
	Ensure there is understanding, sensitivity and awareness of LGBT issues for parents and same sex partners	LGBT community	All partners	Corinne McDonald, CCG	On-going		
Reduce suicides in people with a history of self-harm or attempted suicide	Work with health organisations to identify those at risk of suicide and raise awareness with staff	Children and adults	Calderdale CCG/GPs/SWYPFT and other partners	Corinne McDonald, CCG	On-going		
Reduce suicides in people in contact with criminal justice	Work with probation and health organisations to identify those at risk of suicide and raise awareness with staff	Adults	Calderdale CCG/GPs/SWYPFT and probation service	Corinne McDonald, CCG	On-going	This is a standard part of the induction for new staff at Insight Healthcare. Dec 2017: NPS staff signpost/refer service users to the crisis team if there is a risk of suicide. June 2018: Suicides in custody remain high	
Reduce suicides in people with long term conditions	Work with health organisations to identify those at risk of suicide and raise awareness with staff	Children and adults	Calderdale CCG/GPs/SWYPFT and other partners	Corinne McDonald, CCG	On-going	June 2018: Healthy minds chronic pain and self management peer support groups set up Insight Healthcare leading on national pilot to intergrate mental health for those with long term conditions in Calderdale GP practices	
	Identify key information that needs to be included	All Calderdale services	Calderdale Council/ Calderdale CCG/SWYPFT		May-17	Aug 2017: Directory now live. See: http://www.mentalhealthmatters-calderdale.uk/resources.html Mar 2019: Moved to Calderdale Council website	
	Develop a template for all partners to complete to publish on a website	All Calderdale services	Healthy Minds/all partners		Jun-17	July 2017:Template completed and circulated; 12 returned Dec 2018: Template re-circulated 12 partners for refresh	
Develop a Calderdale directory of support (including	Link with existing directories, e.g. Insight	Adults	Healthy Minds and Insight		Sep-17	Apr 2019: see above	
armed forces)	An EHWB website is being developed for CYP linked to CAMHS website	Children and Young People	Calderdale Council and partners		Sep-17	Nov 2017: Website is being hosted by North Point Wellbeing Launched January 2018 June 2018: www.openmindscalderdale.org.uk is nowlive	
	There is a Directory of Therapeutic services for CYP; revise this and promote to schools and other organisations	All Calderdale services	Local Transformation Plan Officer, Calderdale Council		Sep-17	Nov 2017: This will be available by January 2017 and circulated across Calderdale June 2018: Draft for families completed and final draft for early July Dec 2018: Signposting booklets developed for children/parents and professionals	

k of suicide in key high-risk groups

		Increase publicity of Safe Space run by Healthy Minds when it opens	Adults in crisis	All partners	Corinne McDonald, CCG	On-going	SafeSpace due to begin operating in mid-December June 2018: visit to gathering place completed Apr 2019: hours of opening extended to cover more evenings	
	Increase access to safe services	Work with VAC & North Bank Forum to develop training / toolkit for voluntary and community sector (VCS)	Children and adults	VAC /North Bank Forum		On-going		
		Service providers regularly consult with service users around accessibility to services	Children and adults	All partners	Corinne McDonald, CCG	On-going	Apr 2019: Tough Times group for children and young people regularly consulted	
	Easy to navigate services	Mapping of crisis service provision, identification of any gaps and possible solutions, working with service users/families (link with service directory and survey work elsewhere in the plan)	People in crisis and their families/friends	Calderdale Mental Health Innovation Hub co-production sub- group	Corinne McDonald, CCG	Aug-17	Nov 17: Work on hold at present as the focus of this co-production work may be changing	
	Reduce risks associated with long term 'skunk' cannabis use	Promote education and awareness towards children and adults	Children and adults	All partners		On-going		
	Reduce risk post release from Police custody	Develop a Toolkit for Police and training	Criminal justice contacts	West Yorkshire Police			Dec 2018: Presented at Chief Constable & senior leaders meeting around suicide prevention Mar 2019: Presentation to WY Police welfare officers about suicide prevention	
		Young people continue to be involved in building / developing tools to support individual well-being.	Young people facing crisis, including homeless young people	CYP services, Calderdale Council		On-going	June 2018: LTP funded a further year of online support through Kooth and Calderdale Council are looking at other online tools to promote wellbeing	
Tailor approaches to improve mental health in specific groups	Co-ordinated approach to self-help and early intervention	Support, develop and promote the work of the Tough Times Young Peoples group, Youth Health Project and the Youth Council to support their work around children and young peoples' mental health	All children and young people	Local Transformation Plan Officer, Calderdale Council and other partners		On-going	Nov 2017: Celebration event taking place in March 2018 to celebrate work being undertaken by CYP across Calderdale June 2018: The successful www.openmindscalderdale.org.uk website launch for children, parents, carers and professionals seeking emotional support. Further task to link to calderdale safeguarding board	
to improve n	Effective signposting to other services, e.g. debt management, Citizens Advice	Communicate with local and national support services to establish a network	All those in need	All organisations who have frontline contact with the public		Mar-18	Dec 2018: DWP have created and delivered inhouse mental health training Dec 2018: Healthy Minds recieved funding to build capacity recovery team.	
nenta		Understand the organisational remits of supporting services	All those in need	All partners	Corinne McDonald, CCG	On-going		
health in sp	Understand what support an individual wants and needs	Carry out survey of what support / intervention people feel that they need in time of crisis (once passed) to tailor support for future groups	People in crisis	Samaritans, public health, other partners in contact with people in crisis		Jun-18	June 2018:To obtain feedback from people who have overcome crisis Holistic assessment debt management, difficult and delay in benefits whilst processed leading to further debt	
ecific groups	Improve funding for self-help groups	Lobby Calderdale CCG & Calderdale Council on the importance of these groups	Children and adults	VCS and partners		Mar-18	June 2018: Calderdale Council & CCG funded Verd de Gris Arts to develop a film and self help sessions around suicide	
	Develop a postvention service to support those bereaved by suicide	Work with partners to fund support	Children and adults	All partners		Mar-20	June 2018: Calderdale Council & CCG funded Verd de Gris Arts to develop a film and self help sessions around suicide Feb 2019: Contributed to a WY bid via regional SPAN for postvention service	
	A dual diagnosis service in Calderdale to address substance misuse and mental health issues	Improve access to mental health services, including walk-ins	Adults with drug/alcohol and mental health issues	Calderdale Council, Calderdale CCG, SWYPFT	Corinne McDonald, CCG	Mar-19	June 2018: Probation cases helpful and Wifi expanded	
	Responsive counselling services for drug users, people with alcohol issues, mental health and those facing bereavement	Map funding for counselling services and consider regional funding for a suicide bereavement service	Adults	Calderdale Suicide Prevention Group		Dec-17	Sept 2017: Contributed to Y&H paper around options for a Yorkshire wide post-vention service. Insight Healthcare can provide counselling for loss and bereavement	
Reduce acc		Consider signage at hot spots - review and audit these and other options	Adults and children	Calderdale Suicide Prevention Group		June 2017	Sept 2017: Samaritans signage placed on North Bridge June 2018: Samaritians signs placed around Calderdale train and bus stations Mar 2018: Additional signage placed on barriers on North Bridge while works undertaken	

ess to the means of suicide	Identify and reduce potential suicide high risk locations	Consider barriers at hot spots e.g. netting on bridges and barriers for prevention / highways, train lines	Adults and children	Calderdale Suicide Prevention Group		Dec-17	Jan 2018: Exploring barriers on North Bridge with Calderdale Council Highways and Highways England. Calderdale Council's emergency planning team exploring the cost to have a CCTV camera on North Bridge as only partly in view from Leisure Centre camera. Sept 2018: CCTV installed on North Bridge Mar 2019: Works started on North Bridge to improve barriers
cide		Speak to those that have been dissuaded from taking their own life	Adults	Calderdale Suicide Prevention Group		Jun-18	June 2018: To consider talking to workfocrce who work around hot spot areas e.g. taxis and post office workers
		Audit S.136 - case reviews with Police and adult social care	Adults in crisis	Police & Adult Health & Social Care		December 2017	June 2018: Jacquie Hellowell from Safeguarding Children Board invited Mar 2019: Safeguarding Board held a session on suicide and suicide prevention
Provide be	Reduce suicides from prescribed medication	Work with GPs and pharmacies to raise awareness of risks of stockpiling medication, e.g. large prescriptions, and promote responsible prescribing	Adults	Calderdale CCG	Corinne McDonald, CCG	Aug-17	Nov 2017: Initial discussions have taken place in CCG around planning for this
better information and support by suicide	Robust procedures to deal with suicide across Calderdale	Calderdale Childrens' Safeguarding Board have developed a regional suicide prevention procedure which should be launched/promoted more widely	Children and adults	Calderdale Childrens' Safeguarding Board		Jul-17	June 2018: Suicide prevention procedure to be launched September 2018 2018: Publication delayed. Dec 2018: Guidance launched
ation and su by s	Children and young people are aware of support services	Increase schools and colleges awareness of support, including Samaritans, and publicise the STEP by STEP programme	Pupils / students and their teachers	CYP, Calderdale Council, Calderdale College, Samaritans		On-going	June 2018: Support parentes to recognise possible signs and signpost through the www.openmindscalderdale.org.uk; Out reach - giving talks in local schools Samaritans
to those	All people affected by suicide have access to talking therapies	Promote talking therapy support, e.g. Insight Healthcare and Wi-Fi in Calderdale	All adults	All partners	Corinne McDonald, CCG	Jul-17	Nov 2017: Insight Healthcare suicide prevention workshop held June 2018: What happens when WYFI ends in 2020 who will pickup clients Dec 2018: SPAN will bid to NHS England with to fund a postvention service across West Yorkshire. Feb 2019: Bid submitted
ved or a		Develop an information portal to signpost, to self- help	People who have been bereaved, affected by suicide	Calderdale Suicide Prevention Group		Dec-17	June 2018: Service guide for professonals developed by CYP
bereaved or affected		Identify local support organisations and make other groups aware through leaflets and websites		Calderdale Suicide Prevention Group, SOBS, PAPYRUS		On-going	June 2018: Shocking fact poster from Samaritans
Support the	Accessible information for all, including signposting and self-help	Develop a crisis card with useful contacts	Adults	Calderdale Suicide Prevention Group		Dec-17	Feb 2019: Funding from safeguarding to develop a card
media in	Appropriate use of media	Produce local flyers and make use of local radio, newspapers, social media and social marketing techniques to help provide information for people affected by suicide	People who are facing vulnerability and people who may be thinking of suicide	Calderdale Suicide Prevention Group		On-going	Sep 2017: Article in Insight Healthcare's newsletter regarding the suicide prevention panel and the language that we should be using around suicide. Nov 2017: Press release with support from ClIr Shoukat and photo with Samaritan's sign on North Bridge.
delivering sensitive approaches t	Reduce stigma in the media	Encourage local media to promote positive reflection on events	Children and adults	Calderdale Suicide Prevention Group	Corinne McDonald, CCG	Sep-17	Sep 2017 Tweeted and sent photos about World Suicide Prevention Day and "Inside Out" campaign. Messages for World Suicide Prevention Day and beyond shared with all partners. Sep 2017: Article in Insight Healthcare's newsletter regarding the suicide prevention panel and the language that we should be using around suicide. Oct 2017: CW met with Halifax Courier to talk about good media guidelines.

	Promote positive stories about recovery to share widely	Put together good news stories for media outlets, including LGBT, LGBT BME communities and LGBT young people	General population	All partners	Corinne McDonald, CCG	On-going	Oct 2017: Performances of "What Remains" in Hebden Bridge Jan 2018: Explore funding for "What Remains" play, video and workshops. Have increased clients from this group but could expand
ľ		Speak to local press and share guidelines develop by Leeds public health	Children and adults	Calderdale Suicide Prevention Group		Jul-17	Oct 2017: CW met with Halifax Courier to talk about good media guidelines
	More sensitive reporting in local media	Ask media to signpost people for help and support in their related stories and reports	Children and adults	Calderdale Suicide Prevention Group	Corinne McDonald, CCG	Jul-17	Nov 2017: Signposting information provided regularly for local flood newsletters
		Develop local social media guidelines for organisations to adopt, including reporting guidelines	Children and adults	Calderdale Suicide Prevention Group		Sep-17	Sep 2017: Messages developed and shared with group
•	Year on year reduction on the number of suicides	Regularly monitor suicide statistics and report to the Calderdale Suicide Prevention Group, Calderdale Health & Wellbeing Board and other partners	All partners	Calderdale Suicide Prevention Group	Corinne McDonald, CCG	On-going	Sep 2017: Receive daily reports from BTP of dealths and critical incidents on the rail network June 2018: whats the reduction in attempted suicide?
	Use evidence to support suicide prevention agenda (what works)	Consider evidence reviews by regional and national groups as well as from other countries, e.g. around clusters and hot spots	Calderdale population	Calderdale Suicide Prevention Group	Corinne McDonald, CCG	On-going	Nov 2017: Autistic people are much more likely to suffer from poor mental health and consider suicide. Studies have shown that up to 66% of autistic adults have thought about taking their own life and 35% have attempted suicide. Around 1% of people in the UK are autistic yet up to 15% of people hospitalised after attempting suicide have a diagnosis of autism. Autistic adults who do not have a learning disability are 9 times more likely to die from suicide. Children with autism are 28 times more likely to think about or attempt suicide. When autistic people are feeling suicidal, they may not show signs that people typically expect.
1	Routine access to 'real time' data	Work with West Yorkshire Police to develop York public health approach to timely notification of suicides	Children and adults	Calderdale Public Health and West Yorkshire Police	Caron Walker &	Dec-17	June 2018: Links with police services and to start process soon Dec 2018: Information and sharing agreement is near finalised after a trial in Kirklees. Feb 2019: Received first monthly stats frmo West Yorkshire Police.
1	Initiatives informed by local data	Undertake regular local suicide audits in collaboration with HM Coroner	Children and adults	Calderdale Public Health and West Yorkshire Police	Caron Walker &	Mar-19	Sep 2017: Spoken with PH colleagues in Bradford who have had discussions with Police analyst Dec 2019: Wrote to Coroner requesting permission to do another audit. Apr 2019: Sent another letter - offered to do jointly with Kirklees Apr
		Conduct a needs assessment and collect local data on attempted suicides	Children and adults	Calderdale Suicide Prevention Group		Mar-18	
		Collect information the use of the S.136 custody suite	Adults at risk	West Yorkshire Police		?	June 2018: CSAB interested in this issue if you have data please share
		Review and collate data collected by other partners, e.g. Insight Healthcare can provide anonymised data on clients	Children and adults	All partners	Corinne McDonald, CCG	On-going	June 2018: Police infoming when suspected suicide any data on characteristics of the sex gender
ľ	Use local research to support initiatives	Work with academic institutions to explore issues around suicide, e.g. in high risk groups	Adults at risk of suicide	Front line staff		Mar-20	June 2018: Wifi research reports compiled by Sheffield Hallam University. Access into schools can be challanging
ſ		An event with partners involved in a market place/round table event	Local people and partners	Calderdale Suicide Prevention Group		Nov-18	June 2018: Planning a learning event on back of SCRs wakefield and learning from Calderdale; Community Awareness event; Shocking facts posters about self-harm and self-esteem. Mar 2019: Safeguarding learning event around suicide

d priorities		Local conference where all services and groups can meet		Andy's Man Club, Public Health, EHWB Taskforce		June 2018: Prevention concordat launched by PHE Oct 2018: Calderdale pledged to sign up to Concordat.	
			General public and partner organisations	Calderdale Suicide Prevention Group and Calderdale Safeguarding Boards	Oct-17	Sep 2017: Had stall and workshop table at safeguarding event	